



Anger:

Anger is a bright red,

(Room lit bright red)

Like a ripe tomato exploding.

(let students squash tomatoes or have clip of tomatoes exploding)

It sounds like shouting and screaming
For no reason.

(allow students to try this out or again, have a clip to view)

It smells like fiery smoke.

(Have a cloth that smells of fire - from a BBQ/burning garden rubbish etc - pass it around the class)

It looks like slamming doors and
Running away.

(Use drums for the loud BANG of slamming doors)

It feels like crying and hitting everything
That comes your way.

(ask children to remember a time when they have felt like this and discuss)